

Thursday



Feeling Depressed

"I have been in a very bad mood recently. I don't know why I sigh all the time. I have no confidence and courage in my life. Being depressed and perplexed, I have no direction. My future is dim, empty and monotonous. All negative emotions are added to my world. I feel like I'm controlled by a demon and cannot be released. The darkness of disappointment, the unprecedented feeling of loss and frustration crush me mercilessly. I don't understand why my mood is so low. My life seems to have reached a dead end and I feel helpless. It seems like walking in an endless slough and abyss, and losing motivation. Why don't I always rejoice and give thanks in everything? Is it because of sin or the pressure of life? I hope that you will pray for me so that I will re-establish confidence and courage."

(Brother Song)

⌘ The Lord knows what causes this brother to be shrouded by negative emotions. Pray that the Lord's words touch deeply the brother's heart, remove the gloom and give him a joyful heart.

Unfair Transactions

There is a business of renting cell phones to cater to the needs of young people in China. The gimmick of using high-end phones at a "low monthly rent" is adopted., but it hides many traps that can undermine the rights and interests of consumers. Some customers have reported that the default lease of most rental platforms is one year or more. Once the lease is overdue, the customer is required to pay a high buyout fee. Even if he is willing to buy out the phone, some platforms still do not lift the regulatory locking mechanism to restrict his right of use. There are even some users reporting that they have rented "stolen property" which is eventually confiscated by the police. Moreover, pricing for depreciation and damage fees, etc. are entirely decided by the platforms, leaving customers with almost no effective appealing channels.

("China National Radio", December 11, 2023)

⌘ These are caused by human greed. Please pray that businessmen can resist the temptation of money, carry out transactions according to the principle of fairness, and provide a mechanism to allow consumers to have the rights of appeal.

Friday



Free from Bondage

"I used to be a very corrupt person. I lived like this for over a decade. Later, I believed in the Lord, but initially, I couldn't break free from the bondage of sin, and my heart lacked peace. I realized that I couldn't continue like this, so I prayed to the Lord, asking God to help me free from the control of lust. Thank the Lord for looking after me and completely eliminating my sin of lust. I've been hesitant to buy a smartphone for fear of being tempted again, knowing that I can't overcome it. Now, I enjoy memorizing Bible verses and resist being tempted with the words from the Bible. I listen to Radio Liangyou every day, and it brings me great joy. I'm grateful for the host's help and prayers!"

(Brother Li)

⌘ It is grateful to see Brother Li who has completely broken free from the bondage of sin through the Lord. May God continue to help Brother Li in his growth.

Ancient Group

The Buyi ethnic group, with a population of over 4 million, is among the ten largest minority ethnic groups in the country. They hold the distinction of being the oldest minority group in the southern region and are primarily concentrated in the southern part of Guizhou Province. When it comes to evangelical work, they can be considered a marginalized minority. The mainland missionary, Watts, played a significant role as the first missionary to introduce the gospel to the Buyi people. In 1891, he established a missionary base in Xingyi City. Unfortunately, he was compelled to leave the area in 1902. In the end of 20th century, missionaries began spreading the gospel among students, leading young people from different ethnic groups, including the Buyi, to embrace Christianity. Certain Buyi youths received encouragement and support, and upon completing their studies, they wholeheartedly devoted themselves to serving the Lord.

⌘ We are grateful for the fruits of the gospel borne by the missionaries. However, the current environment does not allow them to stay. The young workers, undaunted by difficulties, have taken up the mantle of shepherding. In the coming year, they are rising to the challenge and preparing to produce audio gospel pamphlets to spread the gospel to their fellow countrymen.

Saturday



Looking Up in Sickness

"I'm 45 years old and have been following Jesus since I was young. After getting married, I joined the church choir. In 2018, I was diagnosed with breast cancer. I underwent surgery and chemotherapy, but the cancer spread to the mediastinal lymph nodes. I started taking targeted therapy, but the cancer cells then metastasized to my lungs. This disease has been progressing in my body, to the point where I can't sleep at night and suffer from dyspnea. It's so painful! I lost over 20 kilograms in just two months and have no strength left. I prayed and asked the Lord to bring me home, as I don't know what else to do. Every day, our choir group listens to programs from Radio Liangyou, where they say they are willing to intercede in prayer for the listeners. I really want you to pray for me and help me understand God's will. I want to be an obedient and submissive child who brings joy to our Heavenly Father."

(Sister Chen)

⌘ Heavenly Father, Your beloved daughter is gravely ill. In moments of despair and helplessness, she does not indulge in self-pity but seeks to understand Your will. May You watch over her and grant her peace.

Gospel Broadcasting

1 **75th Anniversary:** This year is Radio Liangyou's 75th anniversary, we hope to celebrate and count God's blessings with our listeners. It all started when our founders were granted a "Power Unlimited" broadcast license from the Philippines' authorities. On the same note, the Almighty God, with His unlimited power, has also snatched us out from the grips of death to become children of God. Let's give our praises to the Lord.

2 **New Generator:** For quite some time now, the backup generator at Iba transmission site has gone down, resulting in suspension of broadcast — Radio Liangyou Channel One — whenever there is a power outage. Now with the support from our ministry partner, a new generator has been purchased and paid for, and shipment arrival is pending.



PRAYER NEWSLETTER

Jan/Feb 2024



Dear Warriors in Christ,

The psalmist once expressed, *"The Lord has heard my plea; the Lord accepts my prayer."* (Psalm 6:9) God entrusted humanity with the task of stewarding the entire land. It is our responsibility to cherish this land, ensuring its optimal functioning and abundance, allowing all forms of life to thrive and coexist, thus reflecting the magnificent power and beauty of God's creation.

However, due to the intensifying human activities and the rapid expansion of urban development, resulting in escalated greenhouse gas emissions and consequential extreme climate changes that cannot be disregarded. Despite countries implementing emission reduction targets, the outcomes have proven to be inadequate in addressing the pressing concerns.

The Scriptures remind us that following the global flood, God made a covenant with Noah and his descendants, stating, *"I establish my covenant with you, that never again shall all flesh be cut off by the waters of the flood, and never again shall there be a flood to destroy the earth."* (Genesis 9:11) With the ongoing abnormal weather causing persistent flooding, it is plausible that even more severe climate changes lie ahead, which remain unknown to us.

Furthermore, since the subsiding of the COVID-19 pandemic, conflict zones have resurfaced across different regions of Europe and Asia, with underlying instability prevailing.

As we embark on this new year, let us stand united in vigilant prayer for the well-being of our planet.

King Yin Ho

Acting Chief Executive

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Sunday



Workplace Relationship

"I have been working for almost half a year. My colleagues asked me to do other things and so I did. Later, I gradually felt that it was too much. When my colleagues or leader asked me to do things other than my job duties, I flatly refused. As a result, my junior leader snitched on me and my senior leader wanted to transfer me to another department. I had just adapted to the work here and I was unwilling to leave. Then I talked about my situation with the leader. He said the issue had been resolved. I am so depressed and don't know what to do. In addition, I have to take care of my child at night and go to work during the daytime. I don't have enough energy. Therefore I have stopped joining my cell group and services in the Sunday school. Some church members have queried me, saying that I don't love God. I feel wronged."

(Sister Fan)

✂ Please pray that the Lord will give the sister wisdom to properly handle various problems in her family and workplace. Also pray that she will have good testimony in her workplace to influence her colleagues and result in harmonious relationships among the colleagues.

Privacy Threats

"Human flesh unboxing" refers to the use of illegal means to publicly expose other people's private data for the purpose of malicious attacks. A group of people is recruited online to keep an eye on a target's online and offline movements through division of labor and cooperation. Anonymous messages will be sent to harass, intimidate, abuse and insult the target from time to time. It is reported that "Human flesh unboxing" has formed a chain of black industries. Hacker organizations make use of "big data" to integrate and analyze information such as users' phone number, ID cards, addresses, etc. and archive them centrally to form a platform. It only costs people tens to hundreds of RMB to buy this information.

("Beijing Evening News", December 12, 2023)

✂ Ask the Lord to give people wisdom and kindness so that they will not publicly judge others online and become accomplices of hackers selling privacy. Please pray that the government will strengthen the enforcement of the laws related to online bullying.

Monday



Desire for Change

"I have been a believer for seven years, but I have always struggled to escape from my own cycle. Each time I attempt to make a change, the negative influences from my past drag me back in. Some sisters suggest that it's due to a lack of faith, but I'm unsure how to liberate myself. The people around me have gradually distanced themselves from my life, leaving me with very few friends. I feel like a person filled with insecurity, sensitivity, and suspicion. It's not something I desire, yet whenever a problem arises, all these detrimental habits resurface. These issues have also affected my relationship with my husband. It feels as though my spirit is particularly dull."

(Sister "Desire")

✂ May the sister have the courage to face her past self and firmly rely on the Lord as she moves forward. Relying on oneself often leads to failure, but relying on the Lord will surely bring victory.

Psychological Teachers

Psychological teachers in schools play a crucial role in the well-being of adolescents. However, there is a phenomenon of marginalization of psychological education in China schools. The main force consists mainly of part-time teachers, with one psychological teacher often responsible for thousands of students. Combined with a lack of professional knowledge and skills, the services provided may not have practical effects. Although there are numerous training programs provided by relevant organizations, they lack specificity. Teachers who aspire to professional development and seek skill training and supervision have to bear the expenses themselves, which discourages many individuals. On the other hand, psychological teachers do not receive the same recognition and income as homeroom teachers and teachers of other subjects in terms of job titles and remuneration.

("Banyuetan", December 4, 2023)

✂ While praying for the well-being of students' mental health, the education community should also pay attention to the voices of psychological teachers, caring for their needs and growth, ensuring they receive comprehensive and up-to-date training, appropriate workload, and remuneration.

Tuesday



Marital Relationship

"My wife has an affair, but she refused to admit it. Many years ago, I discovered that the content of her chat account was very extraordinary. She explained that someone else had logged into her account to chat. She also said that if I asked further, she would be desperate. Our child was still little at that time. Then I let go. For those two years she hadn't slept with me in the same room and we had quarreled a lot. My heart was broken immediately after I had discovered a few condoms in her workplace. I didn't know how to face it. Furthermore, I have lost trust in her. I have been trapped in painful memories and often have insomnia. I have not thought about seeking God's help."

(Brother Dong)

✂ Ask the Lord to comfort the brother's sad and painful heart, and help him to firmly look to the Lord's wisdom to make the best decision. Pray that the Lord will help his wife turn around to repent and stop sinking in sins.

The Epidemic of Respiratory Disease

The winter respiratory disease is prevalent in many parts of China. The children's demand is especially obvious. Taking Yaojia Health Center in Hengfeng County, Jiangxi Province as an example, the number of daily medical cases has increased from more than 40 to nearly 100 cases. Various medical institutions have allocated resources to improve medical services. This includes increase of consultation hours, increase of the number of outpatient pediatric doctors and pharmacies' staff members who are on duty, provision of weekend consultations, additional purchase of infusion chairs and conversion of adult wards into comprehensive pediatric wards, etc. In addition, the service processes are improved to ensure adequate supply of medicine so that patients can receive appropriate treatment as quickly as possible.

("CCTV News", December 6, 2023)

✂ Please pray for this epidemic of respiratory disease. It is hoped that all children will receive effective treatment. May the Lord give medical staff a loving heart and enable medical institutions everywhere to meet the current needs of community residents.

Wednesday



Paying Back The Lord

"I used to be under a lot of stress due to my child's studies. I also had some emotional problems. Then I communicated with the program host of Radio Liangyou and followed the host's instructions. I also want to thank you for praying for me. Currently I'm doing well in all aspects. My child has been admitted to a key local high school. This is really the grace and favor of God. So I feel touched to donate. I used not to tell my husband about my offering to the church. But I think that it is inappropriate to hide it all the time. So I have screwed up my courage to tell him this time. But he is very unhappy and opposes me. Moreover, my husband has a hardened heart regarding the Christian faith. I have been taking care of him and helping him according to the teachings of the Bible. But at present I still haven't seen his change yet. I think that he doesn't respect my faith."

(Sister Lei)

✂ Thank God for Sister Lei's family and His miraculous work for the child. May the Lord continue to lead the child along the journey ahead and send the Holy Spirit to inspire her husband to believe in God.

There Is Love In the World

In order to let needy people to get through the winter with warmth in Sichuan Province, the local Civil Affairs Department issued the "Special Action Plan for People in Need to get through the Winter with Warmth". It will focus on nine tasks: strengthening the monitoring and assistance for low-income people, organizing condolence activities for people in need, timely distribution of various types of funds and materials, strengthening services of care and visits for needy elderly people, strengthening services of care for children in predicaments, proactively inspecting community facilities to eliminate hidden hazards, providing emergency relief to people in predicaments, providing assistance to the homeless and beggars, and mobilizing community people to participate in charity activities to help needy people solve their actual problems of surviving the winter.

("Chuanguan News", December 4, 2023)

✂ Please pray that more people will care about the disadvantaged groups so as to let them receive the respect and appropriate support they deserve.